



STÉPHANIE SPIES

Psychologist – Professional Trainer and Consultant

Program Team Member of “M-ProJ” Professional Mentoring for Young People

www.mcmc.lu

Stéphanie has 6 years of internship and work experience in different fields, like Social and Health Care, Professional Education and Business Administration.

After she obtained the Master’s degree in Developmental and Clinical Psychology in 2011, she started working as a Professional Trainer, Project Coordinator and Evaluator of various Leadership and Career Development programs.

Stéphanie values the individuality of every person as basic attitude to provide support in different life and work situations. Furthermore, she is a passionate analyst of satisfaction surveys with the goal to evaluate and, in case of need help to (re)adapt projects/programs to the needs of the participants.

As Stéphanie is an open-minded person, she loves to learn from and exchange with people from other cultures.



Areas of Expertise:

- Development, administrative coordination of- and active participation in different projects/programs in Professional- and Health Coaching
- Evaluation of Leadership, Entrepreneurship and Mentoring Programs
 - Data Collection and Analysis
 - Hypothesis Testing
 - Chart Design
 - Report Writing
- Bookkeeping and other administrative office tasks
- Providing Professional Training in :
 - Communication
 - Teamwork
 - Awareness and Highlighting of competences
 - Self-Esteem
 - Care of the Elderly People
- Design and Set up of therapeutic Groups; for example:
 - Autobiographic Memory- and Communication Stimulation Groups for Elderly People
 - Facilitation of verbal and non-verbal Expression concerning a specific theme (by using pictures and other objects)

Employers / Client Types:

Rita Knott - Coaching Mentoring et Consulting (RK-CMC); Betriebliches Gesundheitsmanagement (Corporate Health Management) Forum Switzerland; Naxi a.s.b.l. ; Centre Hospitalier Neuro-psychiatrique (CHNP) ; Home Pour Personnes Âgées (HPPA) a.s.b.l. Clervaux, Fiduciaire Marcel Stephany (FMS)

Functional Experience:

Project Coordination and Evaluation, Professional Training, Clinical and Developmental Psychology

Cultural / Multi National Experience:

- Studies in Strasbourg/France
- Participation in International Programs (Health Care Program in Switzerland, International Cross-Mentoring Program etc.)
- Working in a multicultural environment
- Study visit in Shanghai and Beijing in January 2015

Professional Experience:

-Professional Trainer (Naxi a.s.b.l.),
-Project Coordinator (RK-CMC),
-Founding Member of « Maison du Coaching, Mentoring et Consulting » (MCMC) a.s.b.l.
-Compliance Officer (FMS)

Education / Certification:

Master II Psychologie du Développement, Évolution, Involution et Handicap, Université de Strasbourg (France)
Certification in controlled multisensory stimulation (« Snoezelen »), Institut Agatée de Colmar (France)

Languages:

Luxembourgish (mother tongue), German, French, English and a little Spanish